



Safety-Care for Families™

Safety-Care for Families is a training program for family members and other stakeholders working with behaviorally challenging individuals in a home or home-like setting. This innovative course provides an adapted version of our Safety-Care curriculum, designed to provide parents, family members, and others with the skills and interventions needed to improve behavior and to prevent, minimize, and manage potentially dangerous incidents.

The Safety-Care for Families curriculum consists of four 2½ hour sessions. The first two are in larger lecture format and are intended for anyone who provides support in a home setting. The second two involve more physical skills and are trained in a smaller group for individualized instruction. Participants can be trained in as many of the sessions as are needed, but must be taken in order.

Any certified Safety-Care trainer can become a Safety-Care for Families trainer via a convenient online training. Find our training schedule and sign up for a Safety-Care for Families training at www.QBS.com.

Curriculum Content

Essential Skills Part 1

Collaboration with Professionals • Legal Issues and Responsibilities • Understanding Challenging Behavior • Supportive Environment • Safe Environment • Elbow Check • Safety Habits • Caregiver Behavior • Therapeutic Use of Reinforcement • Differential Reinforcement

Essential Skills Part 2

Antecedents to Challenging Behavior • Safety Stance • De-Escalation • Development of a Comprehensive Family Safety Plan

Advanced Skills Part 1

Use of Behavioral Momentum to Improve Cooperation • Protective Shuffle • Shoulder Check • Wrist Release • Stripping a Grab • Front Hair Pull Release • Front Choke Release • Bite Release • Complex Grab Situations

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QBS

Quality Behavioral Solutions to Complex Behavior Challenges

Advanced Skills Part 2

Safe Use of Physical Management • 1-Person Stability Hold • 2-Person Stability Hold
• Floor Drop Transition • Forward Transport • Release • Recovery • Debriefing.

Training Costs

The organization may choose to charge a fee for training or provide training at no cost. Regardless, the organization must pay certain fees to QBS when Safety-Care for Families training is done.

- There is a \$4 fee for each certificate generated by QBS (specialist level 3 or 4) upon the completion of initial training or recertification training.
- If the organization charges the participants or any other party for Safety-Care for Families training, then 30% of the total fees collected by the organization (not including the certification fee noted above, which may be charged separately) is paid to QBS.