



Safety-Care for Families™

Safety-Care for Families is a training program for family members and other stakeholders who provide support in a home or homelike setting to individuals who may present with challenging or dangerous behavior.

This innovative course provides an adapted version of our Safety-Care curriculum, designed to provide parents, family members, and others with the skills and interventions needed to improve behavior and to prevent, minimize, and manage potentially dangerous incidents.

The Safety-Care for Families curriculum consists of three sessions. The first is an essential skills training that can be done in a larger lecture format, intended for anyone who provides support in a home setting. The second two involve more physical skills and are trained in a small group for individualized instruction. Participants can be trained in as many of the sessions as are needed, but must be taken in order.

Any certified Safety-Care trainer can become a Safety-Care for Families trainer via a convenient online training. Find our training schedule and sign up for a Safety-Care for Families training at www.QBS.com.

Curriculum Content

Essential Skills

Collaboration with Professionals • Legal Issues and Responsibilities • Understanding Behavior • Supportive Environment • Differential Reinforcement • Supportive Behavior • Safe Environment • Elbow Check • Safety Habits • Antecedents to Dangerous Behavior • Safety Stance • De-Escalation • Family Safety Plan • After an Incident

49 Plain St. • Suite 200,
North Attleboro, MA 02760



Main office: (508) 316-4223
QBS.com • info@QBS.com

Quality Behavioral Solutions to Complex Behavior Challenges

Intermediate Skills

Use of Behavioral Momentum to Improve Cooperation • Protective Shuffle • Shoulder Check • Wrist Release • Stripping a Grab • Front Hair Pull Release • Front Choke Release • Bite Release • Complex Grab Situations

Advanced Skills

Safe Use of Physical Management • 1-Person Stability Hold • 2-Person Stability Hold • Floor Drop Transition • Forward Transport • Release • Recovery • Debriefing.