Safety-Care®
by QBS

Reducing Restraint. Eliminating Isolation.

Real Results from WA Schools

Districts across Washington are demonstrating that with the right systems, training, and leadership, safer outcomes for students and staff are achievable.

The Problem

- Restraint and isolation are crisis responses, not intervention
- These practices are associated with physical injury and longterm psychological harm
- Historically overused, especially with students with disabilities and younger students.

The Results: What Washington Schools are Achieving

- **Elimination of isolation rooms** across multiple districts
- Measurable improvements across **urban, suburban, and rural systems**

68% **of districts reduced restraint and isolation across RREI sites**



Schedule a Consultation

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District Highlights

Auburn School District

ENGAGE • EDUCATE • EMPOWER

18,000 students
300+ staff trained

Isolation rooms eliminated in 2025

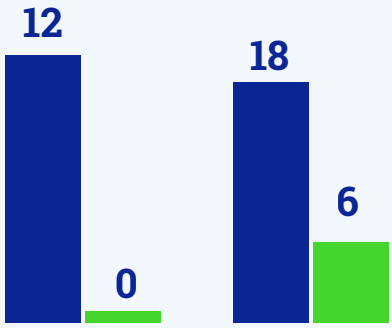
46%
Decrease in restraint

95%
Reduction in isolation

Bainbridge Island School District No. 303

3,500 students

District-wide training + required debriefing

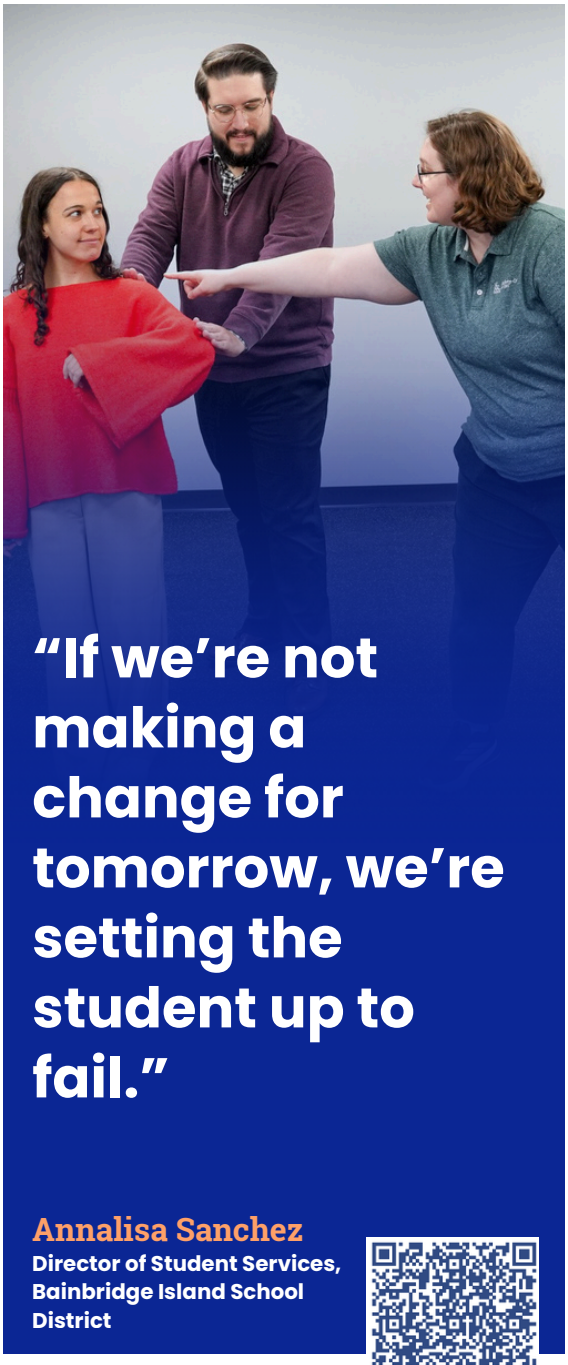


Concrete School District

435 students

BCBA-driven support model

73%
Reduction in isolation & restraint



"If we're not making a change for tomorrow, we're setting the student up to fail."

Annalisa Sanchez
Director of Student Services, Bainbridge Island School District

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What Drove These Results



Proactive Supports

- MTSS + inclusive practices
- Early intervention

Staff Training

- Safety-Care prevention & de-escalation
- Shared language district-wide

Leadership Engagement

- Admin present during crisis moments
- Strong expectations and accountability

System Design

- Removal of isolation rooms
- Access to BCBA expertise
- Data tracking

Debriefing

- Required post-incident debriefs
- Shift from 'What went wrong?' to 'What changes tomorrow?'

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