Safety-Care®
by QBS

AUBURN SCHOOL DISTRICT
ENGAGE • EDUCATE • EMPOWER

How Auburn School District Transforms Behavioral Support **by Reducing Restraint & Eliminating Isolation**

Auburn School District (ASD), located 30 miles south of Seattle, serves 17,000 students and is one of the most culturally and linguistically diverse districts in the region, with 113 languages spoken and nearly half of its students from multilingual households.

> **"I feel one of the reasons that Safety-Care has been effective for us is because it was beyond buy-in."**

Patrick Mulick
Director of Student Engagement

55% Decrease in restraints

73% Decrease in seclusion

ASD identified critical issues in their behavioral support systems:

- Self-contained programs in 1/3 of schools affected inclusive efforts
- Traditional methods relied heavily on restraint and isolation
- Crisis prevention training needed a refresh
- Staff understanding/reporting of restraint procedures was inconsistent

Together we implemented Safety-Care to successfully address their challenges:

ASD formed a Restraint & Isolation Steering Committee with administrators and staff that:

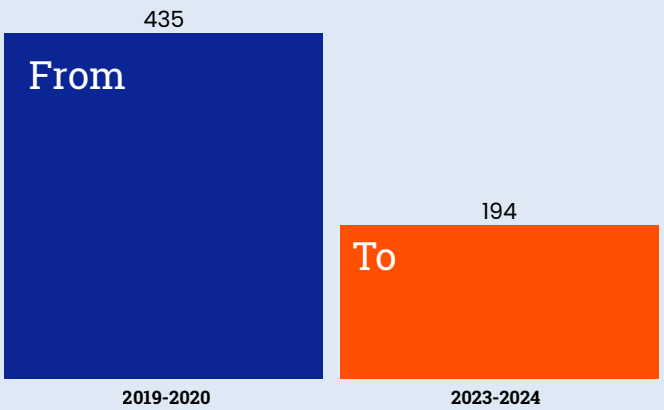
- Defined issues and piloted Safety-Care with 3 trainers and ~40 specialists
- Achieved 100% participant preference for Safety-Care over previous program
- Monitored implementation and secured formal adoption through curriculum committee and school board

Schedule a Consultation

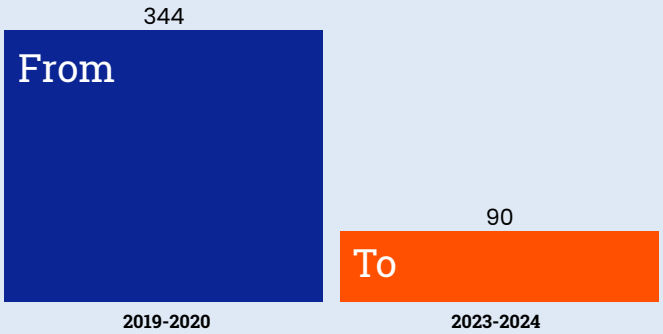
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Results since implementing Safety-Care



55% Decrease in restraints



73% Decrease in isolations

Only 17 instances

of isolation district-wide in the 24-25 school year

"We actually dismantled our last active isolation room in April.

(...)It's not that we no longer have students with high SEL/behavioral needs, it is just that we are learning how to serve them in their home schools in a greater way."

Patrick Mulick
Director of Student Engagement

Schedule a Consultation

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Why Safety-Care stood out:

- Grounded in ABA & trauma-informed care
- Competency-based certification
- Extensive role play & real-world application
- High engagement from staff
- Clear, adaptable implementation

300,000+
Professionals trust Safety-Care

"We were able to make better-informed recommendations that got us to a better place."

Patrick Mulick
Director of Student Engagement

Keys to Success:

- Strategic scheduling & pre-year training
- Scalable training options, including abbreviated course
- Clear staff role expectations
- Strong leadership engagement at every level
- Ongoing coaching and support from Safety-Care Master Trainer
- Culturally responsive, inclusive practices

Schedule a Consultation